

People & Places

Welcome to our People & Places Staycation theme. We hope you enjoy the activities in your week three pack.

The fun doesn't stop in this pack, though! If you can, check out our Staycation page at: [Letchworth.com/learning](https://letchworth.com/learning) to view this week's mindfulness video and join Beatrice Bee and her woodland friends in the 3rd part of **Imajica Theatre's** interactive digital production of **Don't Worry... Bee Happy**. This week we explore the importance of friendship and why we should all plant more Bee friendly flowers and herbs in our gardens.

The first two topics helped show us how special Letchworth is: but what makes places truly amazing is the people who live there. Letchworth is a great place to make friends and has some fantastic history.

When completing your pack, don't forget to share your art, games and jumping, dancing, twig collecting etc and use the hashtag **#staycationletchworth** on social media. We, along with your family, friends and neighbours would love to see what you are up to. Maybe you have done something else in your Staycation that you would like to share?

Have a lovely week and we hope you enjoy the activities,

The Staycation Team



What Makes Letchworth Special

Read Together | Week 3

This is Ebenezer Howard.

He was a Victorian and saw many people living very poor lives in horrible conditions. He was so passionate about helping people that he looked for a solution. He came up with the idea of Garden Cities.

He persuaded many rich people to pay money to his idea and land in Hertfordshire was bought to create the first ever Garden City: Letchworth.



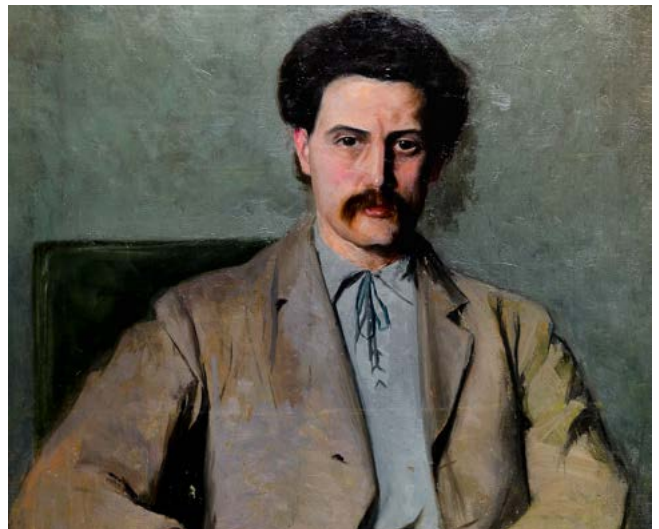
Ebenezer was full of passion and was a great speaker.

It was thanks to this that it only took 5 more years for Letchworth to be created.

This is Barry Parker.

He planned out how Letchworth looked: where the roads and buildings would go and what they would look like. He lived in Letchworth for over forty years and was dedicated to making it a great place to live. He was a very influential architect because he believed that everyone had the right to live in a good home.

He thought that the houses that we lived in were important to our happiness and our health. He believed that houses needed lots of sunlight at all times of the day. Imagine your house without windows.



Barry Parker was an architect.

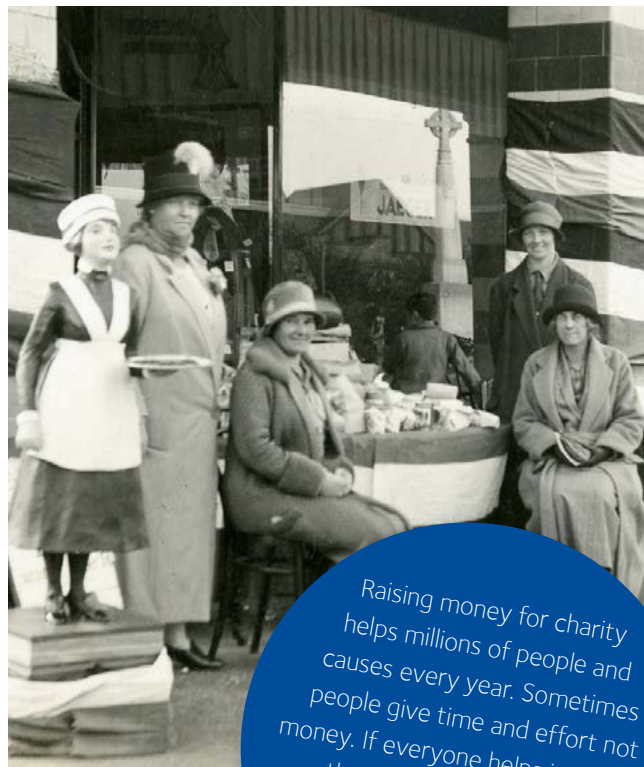
This is a person who plans what buildings look like and what they are made of. He chose a job for himself where he could make a difference. He usually only designed houses for people who shared his beliefs rather than people who paid him lots of money.

This is a group of women raising money for charity. We know that two of them are Kate Gaunt Margaret Steen. When they lived in Letchworth over a hundred years ago women were not allowed to work and weren't seen as important as men. However, both women were very clever and spoke lots of foreign languages.

They ended up being important members of the town. They helped raise money for lots of charities - particularly a hospital in the town.

A postcard from...

Sometimes we still send postcards to people when we go on holiday. They are little picture cards onto which we write on the back. The postcard is a way of showing your friends and families where you are. They were the Facebook of their day!



Raising money for charity helps millions of people and causes every year. Sometimes people give time and effort not money. If everyone helps just a little then lots can be achieved.

What was the last charitable thing you did?

The were postcards made of Letchworth.

Letchworth was very famous as the first ever Garden City. People still visit our town from all over the world.

These places all still exist today.

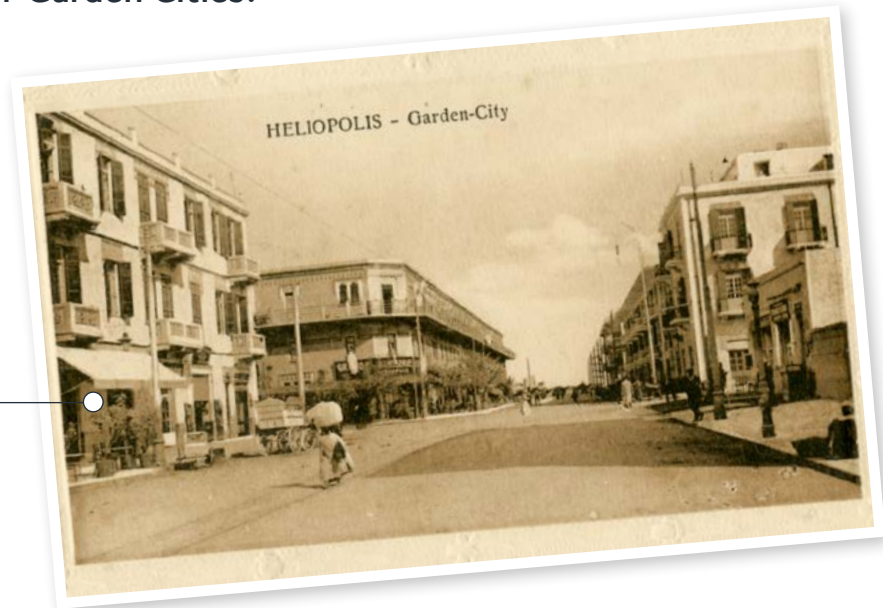
Perhaps you recognise them?



People were so impressed with Letchworth and the Garden City idea that the it spread throughout the world.

These are postcards from other Garden Cities:

Heliopolis in Egypt



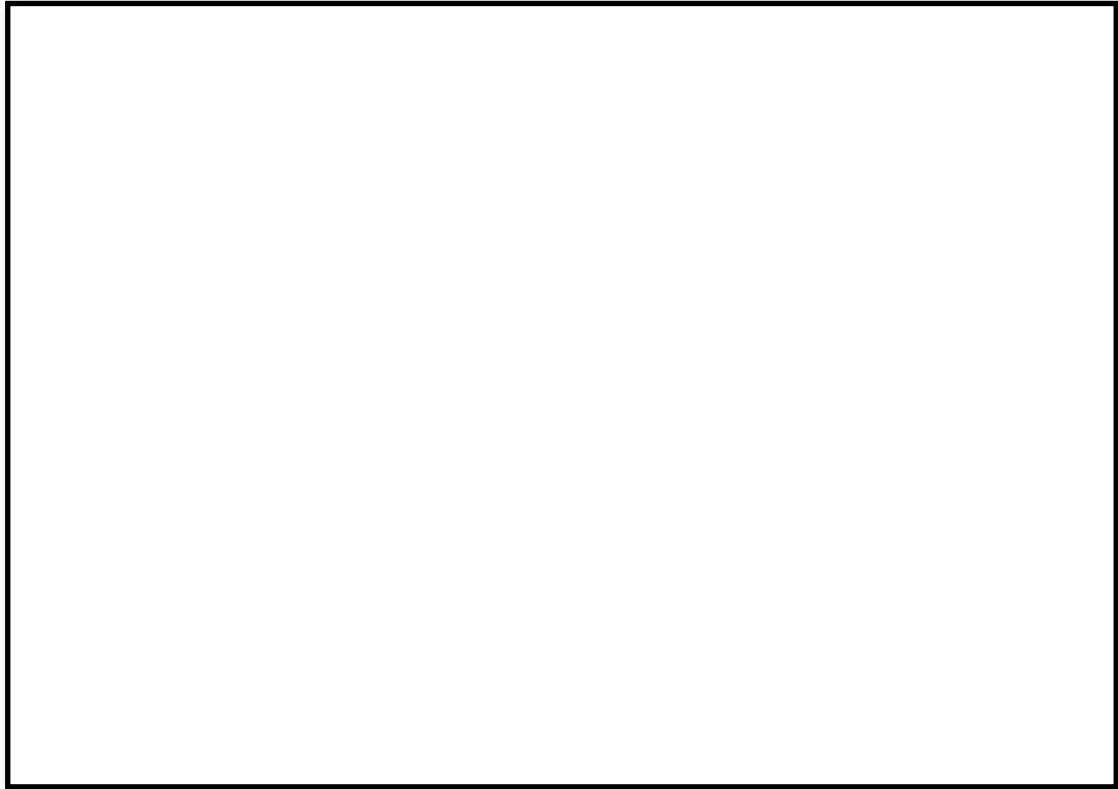
Hochfeld, part of the Garden Suburb of Ludwigshafen in Germany

Don Mills in Ontario, Canada



Draw a postcard of your favourite place from memory. Or perhaps you can copy a photograph?

On the back of the postcard write a message to someone from the past about life now. What things are you proud of about yourself or your town or both. What things would you like to change? What things are you going to do to make the world a better place?

A rectangular box with a black border, divided into two sections. The right section contains a stamp area and five horizontal lines for writing. The stamp area is a small rectangle with the text "Place Stamp Here" inside. The five horizontal lines are stacked vertically below the stamp area. The left section of the box is empty, intended for drawing or a photograph.

Place
Stamp
Here

Noughts & Crosses

Get Active | Week 3



How to play:

Mark out a noughts and crosses grid, using chalk, paper or hoops.

Each player needs 5 items; it could be socks and teddy bears. Make sure each player has a different set of items.

On the command 'go', players race and put one item at a time inside one of the free space in the noughts and crosses grid.

The first player to get 3 in a row are the winners.

Think about

Can you try a variety of different tactics?

Top Tips

If you cannot win a game, can you prevent your opponent from winning?.

Reflect

Did you try to plan where you were placing your items before you started running?

Did you have to adapt your plans during the game?



How to play:

Place a selection of targets 5 steps away from your starting line.

Decide how many points each piece of 'treasure' is worth. E.g.: Toys = 1 point, shoes = 2 points, etc.

Players take turns to throw an object towards the targets from behind the starting line.

The winner is the player to score the most points when all of the treasure is gone.

Think about

Can you think tactically and decide which targets to aim for and why?

Can you focus on the target to help you be more accurate?

If you are finding it too difficult, take a step closer to the targets.

Top Tips

Throwing underarm – step forwards with one foot, releasing the object from low to high using your opposite hand.

Reflect

What was the difference between your throws that were accurate and your throws that missed?

Did you use the correct throwing technique?

Our Green Town

Nature Activity 1 & 2 | Week 3



Activity 1:

Have a go at making your own stick man.

You'll need a 'Y' shaped stick, another stick for some arms and some string to tie them together.

Can you make the whole family?

Sticks have so many uses, from making dens and wands, to building nests and playing pooh sticks.

The Stick Man (Julia Donaldson/Axel Scheffler) is a great story about Stick Man and his family in their family tree, until Stick Man ventures outside...

Read the story and find out what happens next...

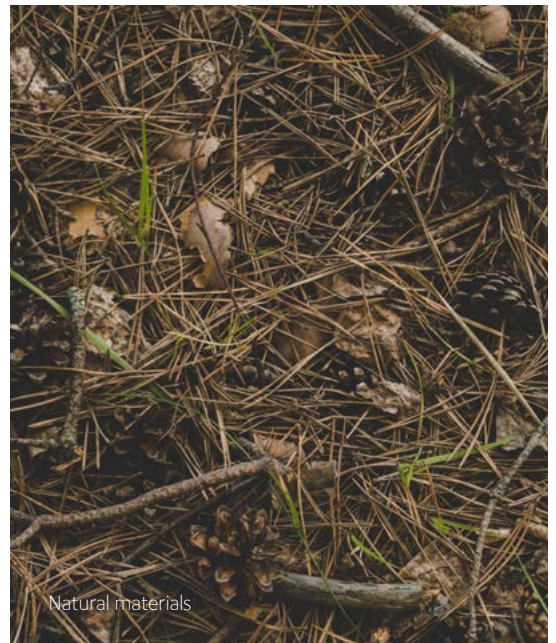
Activity 2

Think about your favourite place in Letchworth.

Is it any of these places? (add a tick if it is):

- Your Home
- Outdoor Pool
- Norton Common
- Museum
- Standalone Farm
- Howard Park & Gardens
- Community Garden

Don't forget to use the hashtag **#staycationletchworth** when you upload any pictures you take to social media!



Collect natural materials from your garden or when in your local green space, and create a picture of your favourite place.

You could use leaves for trees, sticks to make the shapes of buildings or windows, or stones for paths.



Check out:
[Letchworth.com/learning](https://www.letchworth.com/learning)
to zoom into
story time.

Ready to Read:

Stories about people & places for you to enjoy:

Katie in London - James Mayhew

Paddington at the Palace - Michael Bond

The Colour Monster - Anna Llenas

Main Course

Make Lunch | Week 3

Tuna Pasta Bake

Get the following food out ready:

Pasta
Margarine
Plain Flour
Milk
Cheddar
2 tins Tuna
1 tin Sweetcorn



Method:

01. Switch on the oven to 180°C or gas mark 4/350°F
02. Cook 5 handfuls of pasta in boiling water for 8 minutes.
03. While the pasta is cooking, in another pan, make the sauce:
 - a) Melt 2 large spoonfuls of margarine on a medium heat.
 - b) Add 2 large spoonfuls of flour.
 - c) Stir all the time as you slowly add 2 and a half cups of milk a bit at a time.
 - d) Keep stirring until the sauce is thick.
 - e) Add a handful of grated cheese to the sauce.
 - f) Mix well.
04. Drain the water from the pan with pasta.
05. Drain the tins of tuna and sweetcorn.
06. Add the sauce, tuna, and sweetcorn to the pan with the pasta.
07. Put the mixture into an oven-proof dish and grate some more cheese over it.
08. Bake for 15 - 20 mins until the cheese on top is golden and starting to brown.

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You can watch this being made on the YouTube channel: **Make Lunch Letchworth**

A Real Treat

Make Lunch | Week 3

Treasure Shells

Get the following food out ready:

1 packet ice cream wafer oyster shells
2 packets Angel Delight
Milk
Fresh fruit

Method:

01. Make two types of Angel Delight, following the instructions on the packets.
02. Open each oyster shell and spoon in some of the Angel Delight.
03. Wash the fruit and chop it into bite-sized pieces.
04. Add some fruit to each oyster shell and close it, carefully.
05. Make each one different – use your imagination!
06. Have fun finding out what's inside each shell!



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Notes & Doodles
