

Homes & Buildings

Welcome to our Homes and Buildings Staycation theme. We hope that you enjoy the activities in this pack for week one.

This week's theme is Homes & Buildings: Something that is very special to your town. You may have noticed that Letchworth has some amazing buildings, but, did you know that the design of its streets and homes encouraged similar places to be built throughout the UK and around the world?

When completing your pack, don't forget to share your art, games and jumping, dancing, twig collecting etc and use the hashtag **#staycationletchworth** on social media. We, along with your family, friends and neighbours would love to see what you are up to. Maybe you have done something else in your Staycation that you would like to share?

Have a lovely week and we hope you enjoy the activities,

The Staycation Team



Edwardian Homes

Read Together | Week 1

Here is a small house – a typical Edwardian home. It was built in Letchworth in 1905
Houses without an upstairs are called bungalows.

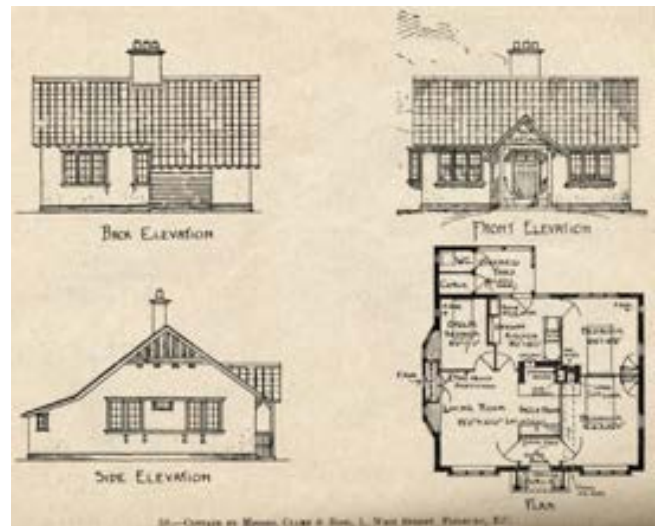


Do you think it looks different to a modern house?

Is there anything that makes the house **unique**? (Something that you would not usually see?)

Here is a copy of a plan of the house:

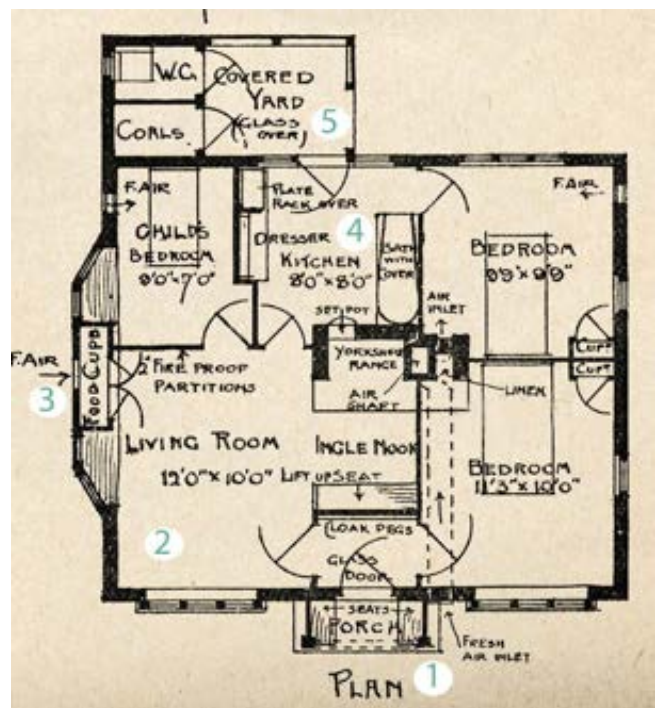
This is a drawing that shows the different sides of the house and then looks down on how the rooms look. Imagine removing the roof and looking down from the sky. It is used to show the layout of the rooms.



Here is a close up of the layout of the house:

The plan was drawn by the architect that designed it. Architects plan how houses will be built. There are lots of things to learn here and lots of clues about the past.

Use the key to find out more...



1

Having a porch outside is a very Letchworth Garden City thing. The people that first lived here thought that it was important to spend a lot of time outside.

Why do you think that was?

Do you think people feel the same way today?

This is called a living room in the picture:

It was not like your living room or front room today. This was partly used as a kitchen with food being prepared on the stove, called a range oven, that also heated the room. The architect designed a little seat by the fire for the wintertime.



A 'nook' like this made sense as houses used to be very draughty.

Do you think it looks comfortable?

Would you swap your sofa and television for a wooden bench and a fireplace?

The poem on the beam above says: 'East West Homes Best'.

Can you complete your own poem? South North

Here is another Edwardian living room with a range oven:

If you were more wealthy you had a separate 'parlour'. This was another living room which was considered the 'best room' where you could sit by a fire in the evenings or invite guests into.



Here is a parlour in old Letchworth:

You can see that all of the owner's favourite ornaments and treasured objects have gone in here.

What do you think of the decoration?

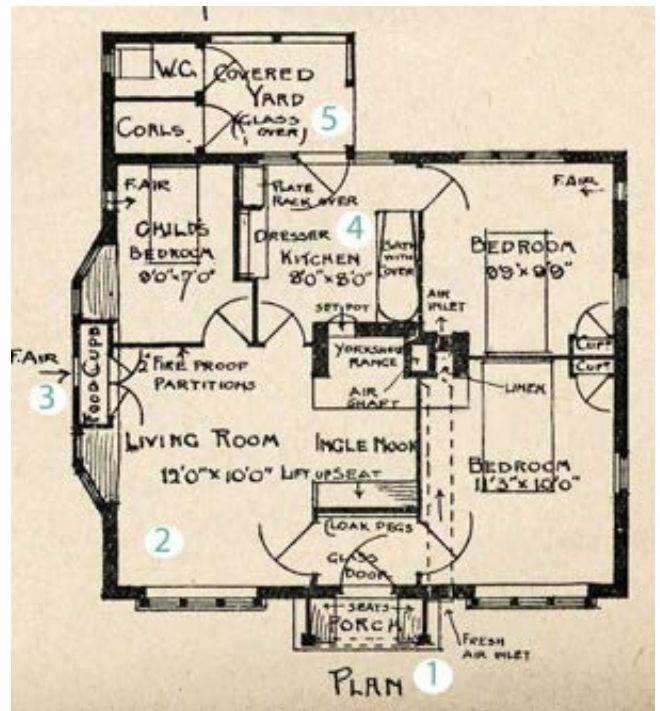


3

There is a food cupboard in the living room between two windows. There is an air vent here to the outside. This is to keep food cool. There were no fridges then.

4

Shows the Scullery. This was also a kind of kitchen. It was where there was water as there wasn't any in the living room. It was for washing of all kinds: washing dishes, washing clothes and sometimes washing yourself!



Here is a picture of an old fashioned bath tub:

Most Edwardian houses didn't have bathrooms. The scullery in this photograph had a bath in it. When you didn't need to use it as a bath you pulled a table top down to make it a more useful use of space. Most people bathed only once a week... or less!



What do you think of that?

Do you think a table top bath is a good idea?

There are other things in the scullery that you can use to store plates and dishes.

Can you see what they are called?

The bath took up a lot of space in the scullery. That is why lots of people didn't keep their bath indoors but kept it outside. **When they wanted to bath they filled it up and sat in front of the range fire, like this:**



You probably would share the bath water as it took a long time to heat the water and fill it up using buckets of water.

How would you feel about sharing your bathroom time with all of your family?

In many houses outside of Letchworth the scullery was in the garden and so you had to go out into the cold to use them.

Here is a photograph:



In this scullery there is a very strange object on the left. It was called a mangle and it squeezed the water out of clothes. It was heavy, hard work and you had to watch out in case you caught your fingers!



This lady is using a washboard to get stains off of clothes

Our little Letchworth house had a toilet outside like most Edwardian houses.

This one thankfully has a little glass cover. It wasn't seen as clean to have your toilet inside.

How do you feel about heading outside to use one of these on a rainy cold night?



In this photograph you can see a tin bath outside too!

People didn't usually use toilet paper as it was too expensive and so they used torn up bits of paper as you can see in this photograph. Ouch!

Now that you know a little more about life in Edwardian houses do you think you would like to go back in time and live in one? What were the good and bad things?

On the next page is a drawing by the architect Barry Parker of a living room.

He was the architect of many houses and buildings in Letchworth.



Can you colour this picture in?

Or perhaps draw your own Edwardian room from your imagination and what you have learned here.

Will you include a poem above the fireplace?



Socks in the Box

Get Active | Week 1



How to play:

How many socks can you pair up and put in the box in 60 seconds? Place a pile of unpaired socks 5 steps away from a box.

Players should match up a pair of socks and run to place them in the box. If you don't have a box you can use a washing up bowl, door mat or even a newspaper as the base.

Think about

Can you time how long it takes matching and putting 5 pairs of socks in the box?

What about 10 or even 20?

Can you beat your time?

Can you throw them in from 1 pace and increase the number of paces?

How many socks can you get into the box without missing?

Top Tips

Parents could put some odd socks in the pile as red herrings!

Reflect

Is it quicker to run and place the socks in the box or to throw them in? Can you perfect the accuracy of your throwing?

Bingo!

Get Active | Week 1

How to Play:

Once you complete an activity, tick it off.

Can you complete the activities in the **BLUE SQUARES** more than once this week?

Can you complete one activity from each line?

Jump up & down 30 times	Play musical statues	Ride a bike or scooter	Balance on a part of your body for 60 seconds	Jump or move over a pillow 30 times	Play hide and seek
Hop, jump or stand on the spot for 60 seconds	Balance in a plank position	Pass a ball around your waist or head 25 times	Balance an object on your head	Keep a balloon in the air for 60 seconds	Perform 30 star jumps
Complete 20 shuttles (run, walk or move)	Skip or move for 2 minutes	Roll a ball across a table 10 times	Perform 30 of the same type of jumps	Create and complete an obstacle course	Throw or roll an object into a target 10 times in a row
Dribble a ball in and out of objects	Perform 30 squats	Throw or roll a ball against a wall with a sibling, parent or carer	Move and complete 10 laps of your house or garden	Hop on each leg 30 times	Play a new game with a sibling, parent or carer
Perform 20 push ups	Perform dance moves	Perform a short fitness workout	Perform 20 sit ups	Perform a gymnastics routine	Invent and play a new game

Think about

If you are finding some of the activities hard, change them or have a rest before you continue.

My Favourite Building

Get Creating | Week 1



What to Do?

Using pencils, crayons or paints make a drawing of your house or one of your favourite buildings in Letchworth.

Think About

Taking a photo of the building to help remember what it is like

Drawing the outline with pencil and then add your colour

Taking your time, think about things like how many windows does it have, where is the door and the colours

Let's Reflect

What do you like most about the building?

Is there anything about the building you would change such as the colours, windows or doors?

Could you

Make a drawing of a house of the future?

What would it look like?

Could you make a model out of card or lolly-pop sticks?

How will you hold your model together?

Animals need homes just the same as we do, but they are made from all different things:

Some use mud, or sticks, while others will use feathers, moss or even chew up pieces of wood!

Have you heard of these animal home names before?

Burrow

Nest

Drey

Sett

Warren

Hive

Molehill

Web

Activity 1

Have a look in your garden or go for a walk to your local park or woodland, and see how many different homes of nature you can spot.

Use the guide on the next page to help you.

Drey

This home belongs to a squirrel.

It looks like a large messy bird's nest which is close to the trunk of the tree.



Warren

This home belongs to a rabbit.

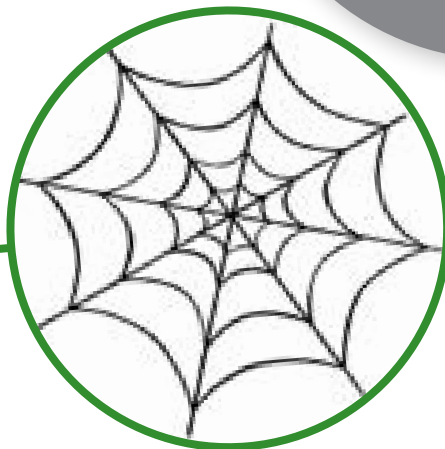
It is a network of holes and tunnels underground.



Web

This home belongs to a spider.

It is made from silk and is used to catch the spider's dinner!



Molehill

This home belongs to a mole.

It is a small pile of earth which is pushed up to the surface when moles are digging their tunnels.



Homes & Buildings

Nature Activity 2 | Week 1

Make a space for nature:

You can help wildlife where you live by making homes for them, or giving them things to use to make their own.

Minibeast Hotel:

Collect together sticks, pinecones, grass, bamboo canes and toilet rolls, fill an old terracotta pot or piece of pipe.

Leave this in a quiet space at the side of your garden and wait for the wildlife to move in!

Toad Abode:

Toads need somewhere to hibernate in the winter, so help them out by digging a small trench about 10cm deep. Line the bottom of the trench with bark, small logs, soil and leaves. Place some stones at the sides and complete with a terracotta pot roof.

Birds Nests:

Some birds use animal fur to line their nests to make them soft and warm. If you have a dog or cat that hasn't had flea or tick treatment, leave the brushed fur out in feeders for the birds to collect and use.

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Houses & Homes

Story Time | Week 1



Ready to Read:

Stories about buildings for you to enjoy:

The Three Little Wolves and the Big Bad Pig – Eugene Trivizas

Five Minutes of Peace – Jill Murphy

Six Dinner Sid – Inga Moore

Macaroni Cheese & Garlic Bread

Get the following food out ready:

Macaroni pasta
Margarine
Plain flour
Mustard powder
Salt and pepper
Milk
Cheese
Part-baked baguettes
Garlic powder



Method:

01. Switch the oven on to 180°C or gas mark 4.
02. Cook 5 handfuls of macaroni in boiling water for 10–15 minutes. Rinse & drain well.
03. In another pan, make the cheese sauce:
 - a) Melt 4 spoonfuls of margarine on a medium heat.
 - b) Add 2 large spoonfuls of flour, 2 teaspoons mustard and a pinch of salt and pepper.
 - c) Stir all the time as you slowly add 4 cups of milk.
 - d) Keep stirring until the sauce is thick.
 - e) Add a handful of grated cheese to the sauce.
 - f) Mix well.
04. Add the cheese sauce to the drained macaroni.
05. Put the mixture into an oven-proof dish and sprinkle a little more cheese over it.
06. Bake for 25–30 minutes.
07. Make the garlic bread:
 - a) Mash 4 large spoonfuls of margarine with a fork and mix in 2 teaspoons of garlic powder – add in some dried herbs.
 - b) Slice the 2 baguettes part way through and spread with the butter mix.
08. Bake in the oven for 15 minutes or until brown.



You can watch this being made on the YouTube channel: **Make Lunch Letchworth**

A Real Treat

Make Lunch | Week 1

Gingerbread People

Get the following food out ready:

Margarine
Sugar
Plain flour
1 egg
Ground ginger
Icing tubes
Sweets to decorate



Method:

01. Switch the oven on to 150°C or gas mark 5.
02. Mix 100g (or half a cup) margarine and 100g (half a cup) sugar together in a large bowl.
03. Beat the egg in a cup and add a little at a time to the margarine and sugar mix.
04. Stir 200g (a cup and a bit) flour and half a teaspoon of ground ginger to make a dough.
05. Sprinkle some flour onto your kitchen surface to stop the dough sticking!
06. Roll out the dough until it's about as thick as a £1 coin.
07. Cut it into people shapes.
08. Place them on a baking sheet.
09. Bake for 10 minutes, or until golden brown.
10. Leave them to cool, then decorate with the icing and sweets.

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Notes & Doodles

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